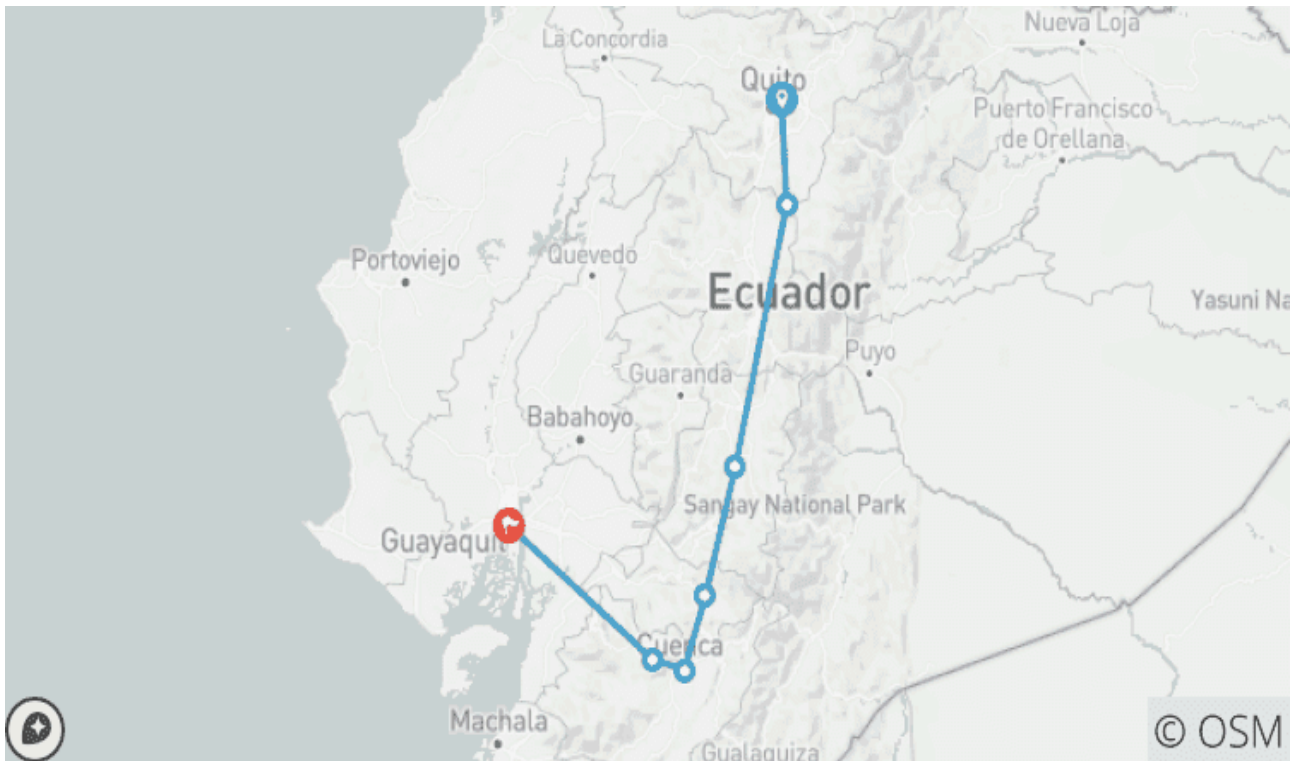




**Full Itinerary & Trip Details**

# **9-Day Ecuador Food Private Tour**

# Trip Overview



**PRICE STARTING FROM**

\$4,673.00

**DURATION**

9 days

**IDEAL AGE**

From 1 to 99 year olds

**STARTS IN → ENDS IN**

Quito → Guayaquil

**OPERATED IN**

English, Spanish

**OPERATOR**

Rebecca Adventure Travel

**TOUR CODE**

#233056

# Itinerary

## Introduction

Get ready to taste different flavors and dishes in this Ecuadorian food tour!

Ecuador has four different regions with a wide variety of food. The Andes, the Amazon, the Coast, and the Galapagos Islands have their own cultural gastronomy and historical traditions. If you're a foodie by nature, you'll love this culinary experience. The tour starts in Quito with a cup of amazing coffee, followed by delicious meals in the Historical Center of Quito and at other interesting stops around the city. Then, moving to the deep country through the Andes, you will be able to experience Ecuadorian diversity through food. Among sweet and salty options, get ready to taste delicious desserts. Moreover, the Ecuadorian food tour includes a typical Andean cooking class! Also, you will visit an Ecuadorian winery. In addition to all the food that you are going to taste, you will enjoy the breathtaking landscapes of this beautiful country. For instance, you will be surrounded by the majestic Cotopaxi volcano and other beautiful Andean Mountain ranges.

## Day 1: Welcome to Quito!

### Start Point



Airport Pickup at your arrival time,  
Aeropuerto Internacional Mariscal  
Sucre (UIO), Vía Tababela - Yaruquí  
Lote 18, Quito, Pichincha 1709,  
Ecuador



00:00 - 12:00

Today, your Ecuador & Galapagos Gastronomic Tour starts. After your arrival at Quito Airport, you will have a private transfer to your hotel in Quito. Depending on your arrival time, you will enjoy a welcome cocktail on the hotel rooftop.

## Day 2: Quito Food Private Tour

In the morning, you will be picked up at your hotel to start your Quito Food Private Tour. The first visit will be to a Coffee Lab located in the Mariscal area where you'll enjoy and learn about the multiple varieties of coffee available in Ecuador. You will continue the way to Quito Historical Center with a stop in a local restaurant to enjoy a delicious "empanada" (stuffed bread or pastry). After a short walk around Quito's main square, you'll taste the Andes's variety of flavors with a traditional lunch. In the afternoon you will have the opportunity to learn about Quito's typical sweet traditions like "garrapiñada" (caramel-coated peanuts), and "pristiños" (fried pastries served with raw sugar syrup), or "quesadillas" (muffin topped with frosting). This amazing experience ends with a visit to a traditional "fonda" (small and traditional restaurant) where you can try the local beer, the famous "chicha" (a fermented beverage made of corn), or local cocktails.

## Day 3: Cotopaxi Private Tour

After breakfast, you will be picked up to go to Cotopaxi National Park. There are several activities that you can choose to do inside the National Park such as horseback riding, mountain biking, or just hiking. You will enjoy a delicious traditional picnic. In the afternoon, you will be dropped off at a local country house where you can see alpacas and enjoy the mountains.

## Day 4: Cotopaxi to Guamote

After breakfast, you will go to the Chimborazo province, in the way you have the opportunity to visit towns like Lasso and try the famous "Salcedo Ice Cream" and visit local markets in Latacunga or Saquisilí where you can admire the local lifestyle, fruits, and vegetables colors and variety. You will arrive in Guamote, where you can enjoy a delicious "Pamba Mesa" (community food of ancestral origin) and the local activities at the lodge, like a visit to the community.

## Day 5: Guamote to Ingapirca

This morning, you will enjoy Inti Sisa Community, learning about the local activities they practice (farm, school projects, handmade articles, etc) and enjoying an Andean Cooking Class. After lunch, you will drive to the Ingapirca ruins. You will visit these in the afternoon, and at night you have a local hacienda dinner with potato soup and pork.

## **Day 6: Ingapirca and Cuenca Exploration**

In the morning you will visit the Ingapirca ruins and then you will be transferred to Cuenca. You will visit the historical center of Cuenca including the Turi viewpoint. You will visit the local market and have lunch at one of the famous restaurants in Cuenca. Cuenca has won South America's Leading City Break Destination of 2018, and you will see in this tour why that is the case. It is an amazing city with a lot of UNESCO World Heritage Sites. At night you will go to a wonderful rooftop bar where you will enjoy some cocktails.

## **Day 7: Cuenca to Hacienda Danesa**

After breakfast at the hotel, you will depart to the Ecuadorian Coast region. You will have a view of Cajas National Park and other beautiful panoramic views. You will arrive at Hacienda La Danesa, where you will enjoy a delicious local lunch and enjoy the afternoon with local activities like tubing, chocolate-making tour, or hacienda activities.

## **Day 8: Visit to "Dos Hemisferios" - Guayaquil**

Early in the morning, you will depart to the Progreso sector to visit the "Dos Hemisferios", You will have a tour of the vineyard, where you can learn how made the impossible possible, sowing and harvesting grapes for a bottle of high-quality wine. Following this, you will visit the plant, where you will be able to learn about the entire winemaking process. Once the tour is over, you will return to Gran Samán, where you will finally be able to taste wines like Bruma Sauvignon Blanc/Chardonnay, Enigma, Travesía Cabernet Sauvignon, and Paradoja wines, along with a delicious three-course picnic lunch. Late transfer to Guayaquil.

## Day 9: Guayaquil Transfer Out

**End Point**

Airport Dropoff at your Departure Time,  
Aeropuerto Internacional José Joaquín de Olmedo (GYE), Avenida de las Américas, Guayaquil, Guayas 0905, Ecuador

**00:00 - 12:00**

After breakfast, you will be brought to Guayaquil Airport by the hotel shuttle.

# What's Included

## Accommodation

Accommodation in a single, double or triple room x 8 nights.

## Guide

Professional English-speaking guide during tours.

## Meals

Meals as described in the itinerary.

## Transport

Tours and transfers as described in the itinerary.

## Others

- Entrance fees as described.
- 24/7 assistance in English, Dutch, and Spanish

# Departure Dates

<b>STARTING IN</b> Quito	→	<b>ENDING IN</b> Guayaquil
02 July 2024		10 July 2024
03 July 2024		11 July 2024
04 July 2024		12 July 2024
05 July 2024		13 July 2024
06 July 2024		14 July 2024
07 July 2024		15 July 2024
08 July 2024		16 July 2024
09 July 2024		17 July 2024
10 July 2024		18 July 2024
11 July 2024		19 July 2024
12 July 2024		20 July 2024
13 July 2024		21 July 2024
14 July 2024		22 July 2024
15 July 2024		23 July 2024
16 July 2024		24 July 2024
17 July 2024		25 July 2024
18 July 2024		26 July 2024



19 July 2024	27 July 2024
20 July 2024	28 July 2024
21 July 2024	29 July 2024
22 July 2024	30 July 2024
23 July 2024	31 July 2024
24 July 2024	01 August 2024
25 July 2024	02 August 2024
26 July 2024	03 August 2024
27 July 2024	04 August 2024
28 July 2024	05 August 2024
29 July 2024	06 August 2024
30 July 2024	07 August 2024
31 July 2024	08 August 2024
01 August 2024	09 August 2024
02 August 2024	10 August 2024

See all departures at <https://www.tourradar.com/book-now/233056>

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